

HOW TO IMPROVE

# Student Wellbeing

Student wellbeing and mental health is the backbone of student attainment, progression and success. How can education providers improve student wellbeing?

## The Issue

Student wellbeing is fundamental to successful student learning and development. Students who struggle with mental health issues and do not receive appropriate support, often have lower attainment, progression and success.

## The Challenges

Universities play a significant role in shaping students' lives, and ensuring a positive learning environment. However, numerous challenges exist in promoting student wellbeing:

- Mental health stigma: despite growing awareness, mental health stigma persists, leading many students to avoid seeking help
- Financial stress can impact students' mental and emotional wellbeing
- Insufficient resources for mental health support and wellness programs

## The Solution

Intelligent use of student attendance and engagement data can provide key indicators to staff, sending automatic alerts when students may be struggling.

**SEAtS Software** assists universities by providing them with **data-driven interventions** to prompt timely, appropriate support to help students overcome challenges. Some key benefits include:

- **Real-time student support:** staff are notified immediately when a student raises their hand looking for help. Assign to the relevant teams and take next steps.
- Monitor each intervention in one **student case management dashboard** or through custom reports.
- Contact students with **meeting requests** that contain links to online meetings or to book time for an in-person consultation.





**SEAtS Software**  
Education Success Platform



## About SEAtS

**SEAtS Software** is the ultimate solution for **Student Success, Operational Excellence** and **Corporate Governance** in higher and further education institutions.

With **SEAtS**, you can access powerful data analytics, reporting, process automation, case management, workflows, and early alert tools in one integrated platform.

Seats is trusted by hundreds of institutions worldwide to deliver quality education and achieve their strategic goals!

## Our Solutions

- Student **Attendance**
- Student **Engagement Analytics**
- Student **Wellbeing & Retention**
- Widening **Participation**
- Placements & **Internships**
- **Compliance** Obligations
- Mitigating **Circumstances**
- Modern **Timetabling**
- Space **Utilisation**
- **SmartCampus**

## Our Partners



## Follow SEAtS on Socials



@seatssoftware

Scan the code to book a discovery call with our team



Dublin - London - Sydney - Texas

sales@seatssoftware.com